

Accidental Ironman How Triathlon Ruined My Life

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~~The anecdote is typical of Brunt's Mr Bean-like slide into the world of amateur athletics, which he has documented in the book Accidental Ironman: How Triathlon Ruined My Life. Brunt was 35 and...~~

~~Confessions of an accidental Ironman~~

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~~Accidental IronMan~~

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~~Accidental Ironman How Triathlon Ruined My Life. Martyn Brunt. \$3.99; \$3.99; Descripción de la editorial. Having spent 10 years scaling the lower echelons of the sport, the time has come for one of Britain's least successful athletes to reveal all about how he got involved in all this nonsense in the first place. Marvel as he reveals:~~

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~~The story does not make any sense, mainly because I just cant see how triathlon en ruined this guy's life : his wife is very supportive (she eventually decide to enrol in a triathlon herself), the guy seems to be quite proud to fulfill his objective of doing an IronMan and he even enrol in another one after his debut, he is quite successful a it (see his performances in cycling).~~

